We are more aware than ever of the impact of mental health on happiness, quality of life, and productivity. Providing a positive work culture means embracing mental healthcare—particularly as stress and uncertainty rise in response to COVID-19—through Employee Assistance Programs and subsidizing remote access to mental healthcare.

To perform well, employees need to know they can get quality care when they and their family members need it. COVID-19 has pushed the need for safe, accessible healthcare even more to the forefront. This means providing access to care through telehealth and remote access to health and wellness programs.

Transparency about success and challenges engenders trust and builds community. Leaders must consider how to keep all lines of communication open while social distancing through communication solutions such as group chat and instant messaging platforms, remote all-team meetings, and surveys for team members to provide anonymous feedback.