WHITE PAPER

Transforming Healthcare Data: How Data Management and Analytics Evolved Into a Unified Ecosystem

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Healthcare stands at a pivotal moment, facing unprecedented challenges and opportunities. The rapid advancements in technology and the exponential increase in healthcare data necessitate specialized data management and analytics solutions. This white paper delves into the evolution of healthcare data platforms and analytics over the past decade, highlighting their transformative capabilities.

Early Days: The Meaningful Use Program and EMR Adoption

The evolution of healthcare data management began in 2011 with the <u>Meaningful Use (MU) program</u> initiated by the Centers for Medicare & Medicaid Services (CMS) under the Health Information Technology for Economic and Clinical Health (HITECH) Act of 2009.

The program accelerated the adoption of Electronic Medical Records (EMRs) across

healthcare organizations to improve patient care, enhance data sharing, and ensure the capture of critical health information. However, the rapid adoption of EMRs led to data fragmentation across various systems, including patient records, population health data, and reimbursement claims, creating substantial challenges for healthcare providers.

Challenges: Fragmentation and Outdated Practices

Data fragmentation significantly hindered healthcare providers' ability to gain a holistic view of a patient's health. With information scattered across multiple systems, practitioners struggled to quickly make informed care decisions. This fragmentation led to gaps in care and suboptimal patient outcomes. Many healthcare organizations also relied on manual processes for data abstraction, reporting, and analysis, exacerbating inefficiencies and inaccuracies.

Traditional data warehousing solutions also struggled to keep pace with the exponential growth of healthcare data. These systems often faced limitations in managing the volume, velocity, and variety of data, complicating the storage and analysis of large-scale, diverse datasets.



Moreover, stringent privacy regulations, such as Health Insurance Portability and Accountability Act (HIPAA), added another layer of complexity, requiring healthcare organizations to implement robust security measures to protect patient information while enabling seamless data sharing and analysis.

The combined effect of these challenges data fragmentation, manual processes, traditional data warehousing limitations, and the need for strong privacy guardrails impeded comprehensive analysis and care coordination. Healthcare providers needed an innovative approach to overcome these obstacles and transform their data management and analytics capabilities.

Late-Binding[™] Data Warehouses: 2013

Recognizing these challenges, Health Catalyst introduced the Late-Binding[™] Data Warehouse in 2013. This innovative approach transformed healthcare data management by <u>delaying data binding</u> to enable health systems to address business needs and other data sources until necessary. This flexibility allowed healthcare organizations to respond quickly to new data content and analytic use cases, reducing the time-to-value for data warehousing solutions from months or years to days or weeks.

Big Data and Predictive Analytics: 2014

Meanwhile, the rise of big data in healthcare increased the complexity and volume of healthcare data. Health systems continued relying on legacy systems, leading to more information-sharing bottlenecks. More data did not equate to more or improved insights. In fact, early attempts to run predictive analytics on this data, utilizing advanced statistical methodologies and machine learning algorithms revealed challenges, including:

- **Overwhelming Data Volume:** Large, unmanageable datasets with mixed relevance.
- **Insufficient Specificity:** Generic models failed to address specific clinical needs.
- Resource Intensiveness: High costs and significant time investment in data management without proportional benefits.

Health Catalyst's response to big data emphasized targeted data collection and the use of <u>appropriate algorithms</u> tailored to specific clinical questions. By integrating predictive analytics into clinical workflows, healthcare providers could anticipate patient needs and system demands, leading to better decision-making and improved patient care. This strategic approach ensured that predictive models were both accurate and actionable.

Integrated, Real-Time Data Operating System: 2017

In 2017, Health Catalyst unveiled the Data Operating System (DOS[™]) to address the increasing complexity of healthcare data management. DOS integrated data from hundreds of source systems into a cohesive, interoperable platform, providing real-time analytics at the point of care. This platform enhanced clinical, financial, and operational decision-making by delivering actionable insights directly into clinical workflows.

Problems Solved by DOS:

- 1. Data Integration: DOS successfully aggregated disparate data sources into a unified system, overcoming the fragmentation that hindered comprehensive patient care and operational efficiency.
- 2. Actionable Insights: By delivering real-



time analytics directly into workflows, DOS empowered healthcare providers with timely intelligence that improved clinical, financial, and operational decisionmaking.

3. Interoperability: The platform enhanced data accessibility, data integration, and standardization of data, enabling seamless information exchange across different healthcare systems and departments.

Limitations of SQL Servers and On-Premises, Traditional Data Storage and Management: 2018-2023



Despite its successes, developers observed shortcomings with DOS due to SQL servers, which were once the industry standard for data management. As healthcare data management became more complex, several limitations and challenges associated with DOS arose:

- 1. Inabilities to Scale: Traditional SQL servers struggled to efficiently accommodate the exponential growth of healthcare data, leading to data and analytics gaps.
- 2. Real-Time Data Processing Hurdles: Health systems and providers had limited ability to process and analyze data in a

timely manner.

- **3. Data Handling Issues:** SQL-based systems were not well-suited for managing diverse data types, such as unstructured text, images, and streaming data.
- **4. Processing Logjams:** High-volume data processing often resulted in slow query performance and longer data retrieval times, hindering rapid decision-making.
- **5. Cost and Resource Demands:** Managing large SQL server infrastructures required significant financial resources and human resource capacity, placing additional burdens on healthcare organizations.

Advantages of Cloud-Based Platforms: 2018-Present

As the healthcare sector reached a turning point with the rise of telemedicine in response to the COVID-19 pandemic, the emergence of new, flexible pricing models, along with a focus on personalized medicine and patient-centered care initiatives, so did a **growing demand** for analytics and data storage capacity that superseded traditional, on-premise healthcare data warehousing. Meanwhile, developers and health system leaders earnestly looked to the cloud for solutions.

Cloud-based data and analytics solutions equipped health systems with the infrastructure to meet the regulatory requirements of value-based care and adapt to new payment models, advanced technologies, and consumers' growing interest and demand for healthcare information.

Advantages of Cloud-Based Storage and Analytics

Transitioning to cloud-based solutions addresses many of the limitations associated with on-premises data warehouses and

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offers several key benefits:

- Elasticity and Scalability: Cloud platforms provide virtually unlimited scalability, allowing healthcare organizations to adjust their storage and computing resources based on current needs. This elasticity ensures that resources are used efficiently, reducing costs and eliminating the risk of overprovisioning.
- 2. Cost Efficiency: The pay-as-you-go model of cloud services aligns costs with actual usage, offering significant financial flexibility. Organizations can avoid large upfront capital expenditures and instead invest in resources as needed, optimizing their budgets for short-term projects and long-term growth.
- 3. Enhanced Security and Compliance: Leading cloud providers invest heavily in security, often surpassing the capabilities of individual healthcare organizations. Advanced security features, regular updates, and compliance with industry standards such as HIPAA ensure that sensitive health data is protected. This reduces the burden on healthcare IT departments to maintain stringent security measures in-house.
- 4. Improved Data Integration and Accessibility: Cloud platforms facilitate the integration of diverse data sources, including electronic health records (EHRs), claims data, and patient-generated data from wearables and home monitoring devices. This integration supports a comprehensive view of patient health, enabling better care coordination and more informed decision-making.
- 5. Advanced Analytics and Machine Learning: Cloud-based solutions offer powerful analytics and machine learning tools to process large datasets in real time. These capabilities enable healthcare organizations to perform predictive and prescriptive analytics, uncovering trends and insights that drive improved patient

outcomes and operational efficiencies.

Indeed, cloud-based solutions and analyticsas-a-service (AaaS) platforms have helped healthcare organizations leapfrog the limitations associated with traditional onpremises data warehouses and meet the increasing demands for healthcare data storage and healthcare analytics.

Industry-Agnostic Platforms

The growth of industry-agnostic, cloud-based data analytics platforms like Snowflake, Databricks, and Azure has further propelled the shift toward cloud-based data and analytics infrastructure. Such platforms provide scalable storage and processing capabilities, leveraging cloud architecture to handle diverse data workloads. They have propelled cloud computing, moving beyond traditional SQL databases to offer more flexibility and power.

While these platforms offer significant advantages, they also come with challenges. Namely, they are not specifically designed for healthcare use cases, which requires healthcare organizations to spend considerable expertise and time tailoring these platforms to their needs. If not implemented correctly, this can increase complexity and the risk of suboptimal outcomes, hindering health systems from achieving key performance metrics (KPIs) and measurable return on investment (ROI).

Proliferation of Point Solutions

In addition to the rise of cloud-based data platforms, the healthcare industry has witnessed a surge of point solutions coming to market. While these tools are designed to address specific problems or functions and are effective under certain conditions, they can often perpetuate technical, clinical, and business intelligence (BI) silos. Moreover,

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health systems often encounter technical snafus when integrating and expanding these point solutions to a broader use case. As a result, what once <u>had good intentions</u> presents more challenges in an already embattled healthcare environment.



Health Catalyst Ignite™ Data and Analytics: Revolutionizing Healthcare Data Management and Analytics

As health system leaders make sound decisions on behalf of staff and the communities they serve, more than ever, they need reliable solutions and, more importantly, dependable and timely insights.

Health Catalyst Ignite powers key healthcare use cases through analytics applications, expert data collections, and clinical expertise while harnessing cutting-edge technologies.

Ignite addresses various healthcare challenges and provides transparent selfservice data and analytics, unified healthcare data products, and AI decision support within BI tools. Ignite ensures faster insights and improved efficiency by reducing repetitive data management tasks, streamlining data ingestion from over 300 source templates, and offering pre-built standard APIs.

Ignite offers a robust, scalable, and secure solution tailored to healthcare organizations' unique needs. Here's how:

Clinical Improvement

Ignite provides comprehensive solutions for clinical improvement, enabling healthcare providers to enhance patient outcomes across various domains:

- Population Health: Integrates data from multiple sources to identify population health trends, manage chronic diseases, and implement preventive measures. Tools like Health Catalyst Pop Analyzer™ allow for detailed population health analytics.
- Surgical Improvement: Optimizes surgical workflows, tracks outcomes, and identifies areas for procedural improvements using tools like the Healthcare.AI[™] suite.
- Sepsis Management: Utilizes real-time analytics and machine learning to detect early signs of sepsis, enabling prompt intervention and reducing mortality rates.
- Readmissions Reduction: Analyzes patient data to identify risk factors for readmissions, facilitating targeted interventions to keep patients healthy and out of the hospital.

Revenue and Cost Improvement

Ignite helps healthcare organizations improve their financial performance by providing insights into cost drivers and revenue opportunities:

• **Costing:** Delivers detailed cost analysis to identify inefficiencies and opportunities



for cost reduction using advanced data entry and analysis tools.

- **Supply Chain Optimization:** Tracks and analyzes supply usage, ensuring optimal inventory levels and reducing waste with tools designed for operational analytics.
- Provider Variance: Identifies variations in provider performance, enabling standardization of best practices to improve efficiency and reduce costs.
- Labor Management: Provides insights into staffing levels and productivity, helping to optimize labor resources and reduce overtime expenses.

Ambulatory Operations

Ignite enhances ambulatory operations by improving patient access and care coordination:

- **Panel Management:** Helps balance panel size by aligning capacity with patient demand, improving management to maintain care quality and prevent physician burnout.
- Patient Access: Analyzes appointment

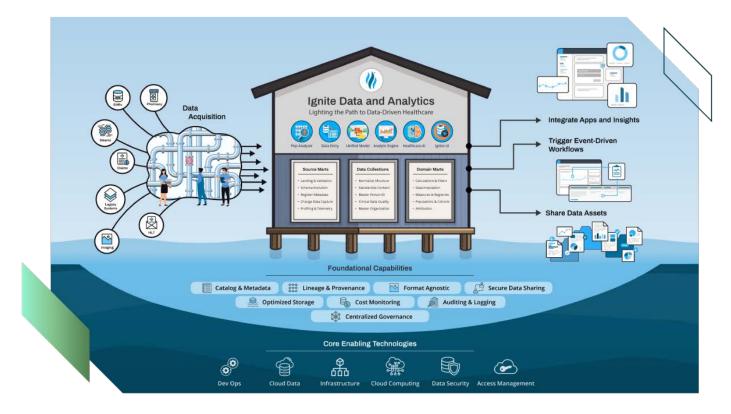
scheduling and patient flow to reduce wait times and improve access to care.

• **Referral Management:** Provides insights into in-network and out-of-network referral patterns, helping track conversion rates and identify opportunities to reduce primary care-to-specialist leakage and improve practice efficiency.

Measures and Registries

Ignite supports healthcare organizations in meeting regulatory requirements and improving care quality through comprehensive measures and registries:

- HEDIS (Healthcare Effectiveness Data and Information Set): Tracks and reports on HEDIS measures, helping organizations meet quality benchmarks and improve care delivery.
- MIPS (Merit-based Incentive Payment System): Provides tools to track and report MIPS measures, ensuring compliance with Centers for Medicare & Medicaid Services (CMS) requirements and optimizing reimbursement.



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Lighting the Path to Next-Generation Data-Driven Healthcare

Ignite maximizes investment through scalable and seamless integration, simplified processes, and tools tailored to unique and complex healthcare needs. It overcomes historical data management limitations and addresses the challenges of fragmented data and outdated practices. By leveraging advanced technologies and expert knowledge, Ignite enables healthcare organizations to manage data more effectively.

Moreover, Ignite revolutionizes healthcare data management and analytics by integrating clinical, financial, and operational data into a unified platform. Ignite empowers healthcare organizations to achieve more optimal decision-making, faster insights, and peak investment returns.

