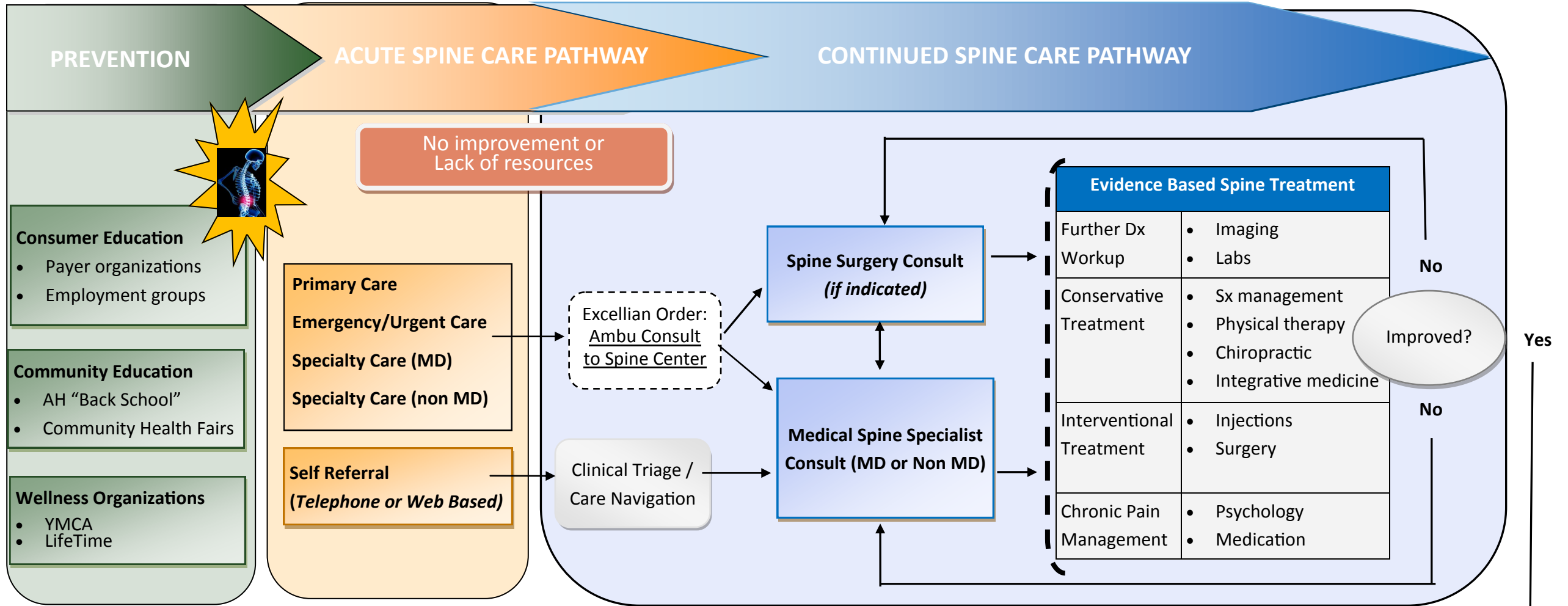


Allina Health Spine Care Model



80-90 % of Acute LBP responds to :

- ◆ Reassurance
- ◆ Education
- ◆ Exercise
- ◆ Physical Therapy

Red Flags:

- ◆ Suspected Cauda Equina Syndrome
- ◆ Suspected Myelopathy
- ◆ Recent Trauma
- ◆ Suspected Cancer
- ◆ LMN Weakness
- ◆ Suspected Infection

